



LEARNING AT WORK WEEK NATIONAL PROGRAMME

MONDAY 18 – FRIDAY 22 MAY
12:00–13:00 EACH DAY

Mon 18 : A history of trade unions and education

Tue 19: Using AI as a tool to aid learning

Wed 20: The right to write:
Finding your way past the blocks

Thu 21: Problem solving tools

Fri 22: An introduction to mindfulness

FIND OUT MORE
AND BOOK

<https://learning.unison.org.uk/learning-at-work-week-2026/>

